# Welcome to the April 2022 Scomis Online Safety Newsletter for Parents

## Access to advice/help for parents and carers

Parents and Carers may be looking for advice and/or help with Online Safety Issues. Knowing where to look can be a challenge. The following websites have lots of information, summarised as follows:

**NSPCC**— Find out how to keep children Safe Online with help from the NSPCC's guides, including:

Online safety advice

Worried about something online?

Online safety guides for parents

**Resources for children** 

**Resources for children with SEND** 

Help to keep children safe online

**Talking about difficult topics** 

<u>Childnet</u> — Help, advice and resources for parents and carers including:

<u>How to get help</u> – help for parents and carers on how to respond to online issues

<u>Have a conversation</u> – advice and resources to help talk about life online

<u>Let's talk about life online</u> - 10 key messages to share with your child

<u>Parent's and carers Toolkit</u>— 3 resources offering practical tips and advice on different aspects of keeping your child safe online. Download the toolkit <u>here</u>

<u>Internet Matters</u>—Access Internet Matters 'one-stop shop' resource centre featuring parent guides, recommended resources. See what's new! Including:

Age-specific online safety guides

Family Digital Toolkit—watch the video!

Interactive Family Quiz—find the fake online!



## **Online Gaming**

In our February 2022 issue we included an article on advice and guidance for parents and carers on Online Gaming. This may be the first time you have received a Scomis Online Safety Newsletter so we thought you might find the following websites helpful if you have any concerns:

Childnet—Online Gaming; an introduction for parents and carers includes advice on:

- The risks
- Frequently asked questions
- Support and Information

Parentzone—<u>Gaming: a parent's guide | Parent Zone</u> includes advice on:

- the links between gaming and gambling
- what you need to know about gaming communities
- top tips on helping your child play games safely
- inappropriate content
- how much time is too much time?

Family Lives—Gaming | Family Lives includes advice on:

- talking to your child about gaming
- keeping teens safe

# **Support for Grandparents!**

The <u>UK Safer Internet Centre</u> has published a resource to support grandparents with online safety. The guidance includes:

- how to support your grandchild in using the internet safely and responsibly
- how to respond if something goes wrong

Find out the answers to frequently asked questions:

- How to understand the latest technologies and trends?
- How to understand the roles and responsibilities in relation to online safety?
- What you should know about parental controls?
- How to talk to your grandchild about their online life?
- Where to go for help or to report something worrying or inappropriate?

Be in the know!. Subscribe to the <u>UK Safer Internet Centre's</u> newsletter:



### **TikTok**



### CommonSense Media's review:

Parents need to know that TikTok is a social network for sharing user-generated videos. Users can remix others' work and browse content created by other users, including famous

recording artists. Since the app features a lot of music, you can expect swearing and sexual content in some songs.

Read the review in full <a href="here">here</a>

NB. Recommended Age: 13

Find out how to apply TikTok privacy settings at <u>Internet</u> <u>Matters</u> including how to apply restrictions on:

- privacy
- location sharing
- identity theft

### Download the **Parental Guide**

Find out more about why children use social media and how to keep them safe when using:

- Instagram
- Wink
- Whatsapp
- Kik

Visit the NSPCC here

## Where to get help

Visit the <u>UK Safer Internet Centre's</u> website to access details and links for a number of organisations that can help with:

- Reporting on Social Media
- Reporting Criminal Content Online

and much more!

#### Need Help in the holidays?

Remember FREE advice is just a phone call away from the  $0_2$  and NSPCC helpline: 0808 800 5002

